



Conservatory of Dance

Adult Class Schedule

Monday

- 5:00 – 6:00 Teen/Adult Yoga with Pattie Stafford
- 5:30 – 6:30 Allaire Back Fitness
- 6:00 – 7:00 Folklorico with Norberto Martinez
- 6:00 – 7:15 Flow Yoga for Beginners with Pattie Stafford
- 6:00 – 7:30 Intermediate Ballet
- 7:00 – 8:00 Beginning Tango with Daniel Singer
- 7:30 – 8:30 Zumba® with Nathan
- 7:30 – 8:45 Flow Yoga with Pattie Stafford
- 8:00 – 9:00 Intermediate Tango with Daniel Singer

Tuesday

- 6:00 – 7:00 Island Hula with Pattie Stafford
- 7:00 – 8:00 Jazz with Norberto Martinez
- 7:00 – 8:15 Synergy Pilates with Patti Stafford

Wednesday

- 12:00 – 1:15 Flow Yoga with Pattie Stafford
- 6:00 – 7:30 Intermediate Ballet
- 7:00 – 8:00 Hip-Hop with Michael
- 7:00 – 8:15 Flow Yoga with Pattie Stafford
- 7:30 – 8:30 Zumba® with Nathan

Thursday

- 6:00 – 7:30 Intermediate Ballet
- 7:30 – 8:30 Beginning Ballet

Friday

- 6:00 – 7:30 Intermediate Ballet

7:00 – 8:00 Beginning Ballroom with Daniel Singer
8:00 – 9:00 Intermediate Ballroom with Daniel Singer

Saturday

10:00 – 11:00 Beginning Ballet
11:00 – 12:30 Intermediate Ballet
12:30 – 1:30 Pointe

Drop-In (Payable by Cash or Check Only)

\$10 Zumba
\$12 Ballet, Pre-Pointe, Jazz, Hip-Hop, Folklorico
\$15 Allaire Fitness, Yoga, Pilates, Hula, Ballroom,
Tango

Class Cards (Payable by Cash, Check or Credit Card)

\$60 Zumba for 10 classes
\$72 Ballroom & Tango single for 6 classes
\$144 Ballroom & Tango Couple for 6 classes)
\$100 Ballet, Pre-Point, Jazz, Hip-hop, Folklorico for 10 classes
\$100 Allaire Fitness for 10 classes
\$100 Yoga/Pilates/Hula for 10 classes

4/30/2011